



# FERTILITY MASSAGE THERAPY.

## Which herbs?

### For Luck

All Spice  
Aloe  
Daffodil  
Holly  
Oak  
Rose

### Healing

All Spice  
Cinnamon  
Burdock  
Eucalyptus  
Fennel  
Garlic  
Hemp  
Lime  
Nettle  
Oak  
Olive  
Onion  
Peppermint  
Rose  
Rosemary

### Love

Basil  
Cardamom  
Chamomile  
Cinnamon  
Clove  
Coriander  
Daffodil  
Daisy  
Geranium  
Jasmine  
Juniper  
Lady's Mantle  
Lavender  
Lemon  
Lime  
Lotus  
Mistletoe  
Orchid  
Peppermint  
Rose  
Rosemary  
Rue  
Saffron  
Thyme  
Yarrow

### Fertility

Daffodil  
Geranium  
Olive  
Pine  
Hawthorn  
Mistletoe  
Myrtle

### To Unblock

Chicory  
Mimulus  
Mistletoe

### Purification

Bay  
Chamomile  
Fennel  
Lavender  
Parsley  
Rosemary  
Thyme  
Turmeric  
Vervain



# FERTILITY MASSAGE THERAPY.

Rue

Saffron

Thyme

## **To release shame from Sexual Past**

Pine

## **Connecting Mind to Body (3<sup>rd</sup> Eye to Root and Sacral Chakra)**

Marigold

Jasmine

Rose

## **The Herbs in my recommended Yoni Steam pack are:**

*Lavender, Yarrow, LemonBalm , Marigold, Rosemary, Rose & Mistletoe.*

The energy of this blend focuses on fertility, love, purification, healing and unlocking a closed root chakra. Helping to connect to spirit, encourage prophetic dreams & assist with those wishing to connect and bond to their future babies.

The energy of herbs connects to the 4 elements; Air, Fire, Water & Earth, the Masculine & Feminine energy, the Sun, Moon & Venus and Goddess Isis.