



FERTILITY MASSAGE THERAPY.

5 Day Residential Fertility Massage Course & Retreat
Shankari Retreat
Sacred Balian River, Bali
AUGUST 2016

Offering a unique Practical, Theory & Spritual Course for all therapists wishing to specialise in Women's Health & Fertility.

Heal the Womb, Heal the Woman

To Enrol, contact Clare
info@fertilitymassage.co.uk
www.FertilityMassage.co.uk

Fertility Massage Course & Heal the Womb Retreat

This 5 day residential course is a blend of Fertility Massage Training & a Divine Feminine Retreat.

Much of the course comprises of a spiritual healing journey; an exploration of our inner womb wisdom and an immersion in feminine energy.

These 5 days will offer participants an opportunity to learn a new, divine feminine therapy whilst also healing and nourishing their souls, wombs and bellies!

The course is approved/accredited by AAMT, FHT & CThA

"A Fertile Womb is a Creative Womb"

Course Outline

Day 1

Arrival by 12pm for Welcome

Womb Meditation & Blessing

Sharing Circle

Lunch & free time - swim, relax, walk

Finding the womb ~ demonstration and practical

Free time

Dinner

Day 2

Morning Yoga

Breakfast

Lower Abdominal Massage ~ demonstration and practical

Lunch & free time - swim, relax, walk

Menstrual seasons - unearth your inner womb wisdom and power.
Explore ways to make your menstrual cycles work for you, creating a life that flows!

Free time - journal, rest, swim, explore...be

Dinner

Crystal Bowl Sound Healing

Day 3

Morning Yoga

Breakfast

Upper & Lower Abdominal Massage ~ demonstration and practical

Lunch & free time - swim, relax, walk

Self Care & Meditation

Free time - journal, rest, swim, explore...be

Dinner

Traditional Balinese Dance

Day 4

Morning Yoga

Breakfast

Lower Back & Sacral Massage ~ demonstration and practical

Lunch & free time - swim, relax, walk

Rebozo

Labyrinth Walk

Dinner

Closing the Bones Ceremony

Day 5

Morning Yoga

Breakfast

Whole Massage ~ demonstration and practical

Lunch

Closing Ceremony

Departure approx 4-5pm



Investment:

£850 Shared Accommodation / £975 Private Accommodation

Includes:

Tuition, Comprehensive manual, Online Downloads, Ongoing support, Certification, 4 Nights Accommodation, All meals and snacks, Crystal Bowl Sound Healing Meditation, Swimming Pools, Chanting Cave and beautiful sacred surroundings!

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